

FASD Peer Support Group



Faith
Ability
Strength
Determination

Yellowknife Association for

COMMUNITY LIVING



FASD Peer Support Project

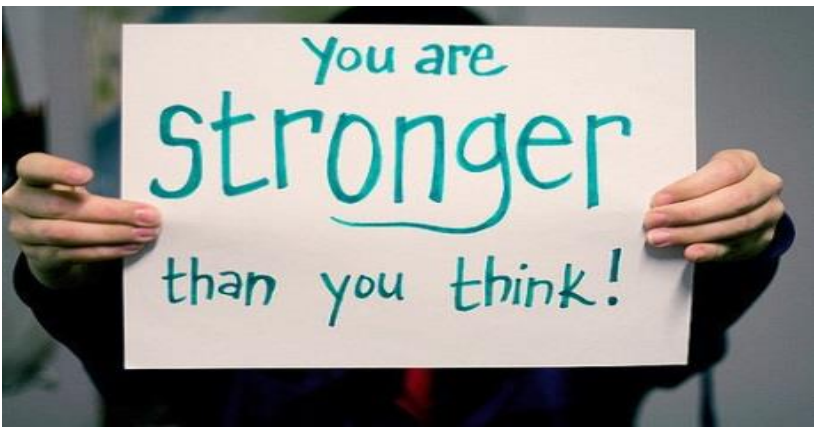
The FASD Peer Support Project provides support for older youth and adults who are affected by FASD.

The project offers:

Weekly Support Group

We provide a facilitated weekly peer support group for people affected by FASD. Meetings include activities such as:

- life skills like healthy living, self-care and cooking,
- self-esteem and relationships,
- community field trips, cookouts and hikes,
- relaxing and recreational evenings with games, music and movies,
- strategies for successful living, cultural exploration, etc.





One on one support

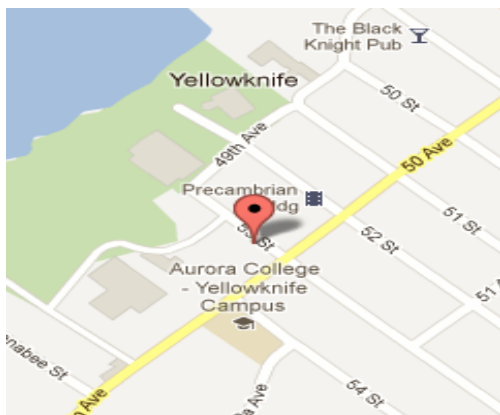
We provide advocacy, personal support and referrals.

Outreach can include activities such as:

- assistance with shopping and transportation,
- support with budgeting and paying bills,
- employment and education assistance,
- income support and housing assistance,
- support while navigating through justice system,
- providing referrals general support as well as providing FASD information, etc.

FASD Peer Support Group

Abe Miller Building
4912 53 Street



Contact us for Information and/or Support.

We are available Monday to Friday from
8:30am-4:30pm.

Community Living Office

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