

## How do I access the Respite Service?

Families can refer themselves to the Respite Service by contacting the Coordinator using the contact information listed below.

Alternatively, families can be referred by a community group, family doctor, school official or various other service organizations or agencies.

## Is there a fee for Respite support?

There is no charge for the Respite Service but families are responsible for any activity costs for their family member and Respite Worker during Respite sessions.

## Respite Service

Box 981, 4905-48th Street  
Yellowknife, NT  
X1A 2N7

Phone: (867) 766-4295  
Fax: (867) 669-7826  
Email: [respite2@ykacl.ca](mailto:respite2@ykacl.ca)



If you would like to become a member of our Association, participate on a committee, or become involved in our consultations or workshops, please contact us using the information below.

## Yellowknife Association for Community Living

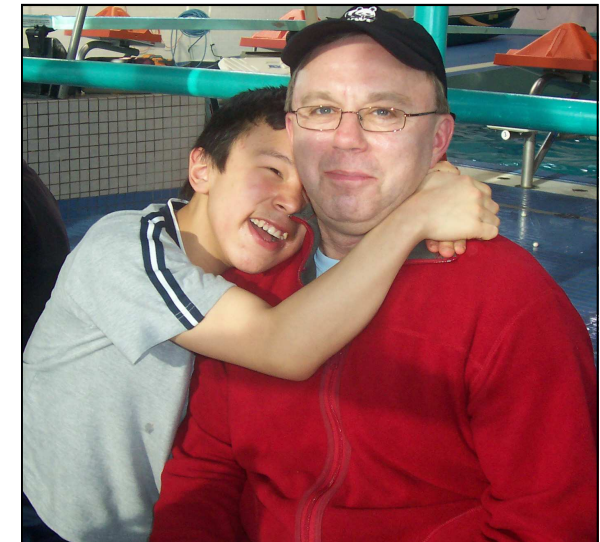
P.O. Box 981,  
4912 - 53rd Street,  
Yellowknife, NT  
X1A 2N7

Phone: (867) 920-2644  
Fax: (867) 920-2348  
E-mail: [info@ykacl.ca](mailto:info@ykacl.ca)  
Website: [www.ykacl.ca](http://www.ykacl.ca)

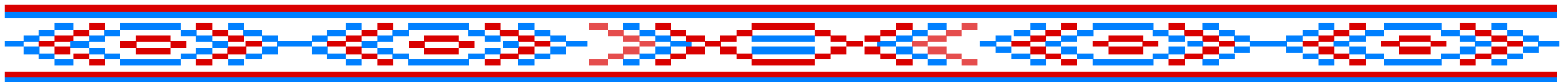
# Yellowknife Association for Community Living

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## Respite Service



**(867) 766-4295**



# Respite Service



## What is Respite?

Respite is a service offered by the Yellowknife Association for Community Living to the residents of Yellowknife, Dettah and N'dilo. It is funded by Yellowknife Health and Social Services. Respite is planned, part time relief provided to families supporting people with disabilities.

## The Respite Service is...

- family directed
- designed to meet the individual needs of each family
- supportive of family unity and community inclusion
- easy to access without a great deal of paperwork and assessment
- offered in and out of home

## Goal of the Respite Service

The goal of Respite Service is to provide safe, individualized, and flexible respite support to families as well as offer individuals with disabilities opportunities for inclusion in their community.

## Who will provide the Respite?

Respite Workers who have been recruited and trained by the Association will provide respite support in family homes or in the community on a part-time and casual basis. Respite Workers and families are carefully matched according to the families needs.

All Respite Workers are required to have:

- current CPR/First Aid certification
- a successful Criminal Record Check
- \$1,000,000.00 liability insurance if using their own vehicle

All Respite Workers are also required to complete 8 Respite Worker training modules.



## Who is eligible for Respite support?

In order to receive Respite Service support, the care recipient (the person with the disability) must:

- be living in the same home with their Family/Informal Caregiver
- have a disability that requires on-going support that is associated with a permanent injury or condition in a person of any age - this may include physical, cognitive, sensory, psychiatric, intellectual or learning limitations that present challenges for activities of daily living but doesn't generally require the specialized medical respite support of a health professional