

**Yellowknife Association for Community Living**



**FASD Peer Support Group**



**The Peer Support Group  
provides support for youth  
and adults affected by FASD.**

YKACL FASD services are  
FREE of charge and a  
diagnosis is not needed to  
access our services.

## **WEEKLY SUPPORT (Tuesdays)**

Every Tuesday at Abe Miller Building we get together and share a home cooked meal. Then we participate in activities and workshops. These can include, but are not limited to:

- life skills, such as healthy active living, cooking, first aid
- community field trips, cookouts and hikes
- relaxing and recreational evenings with games, music and movies

## **ONE ON ONE SUPPORT**

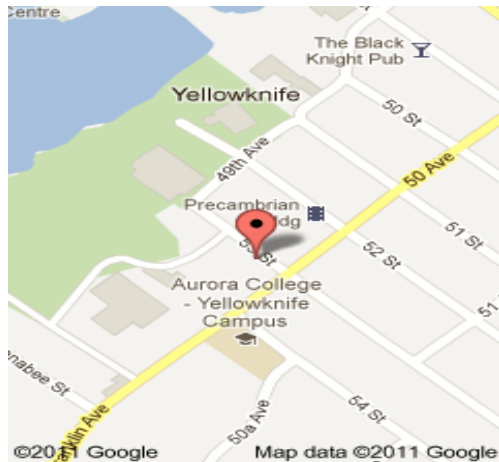
Everybody needs a little help sometimes. We can help you reach your goals by providing advocacy and personal support.

If we can't help we'll refer you to the right person/place.



**FRIEND US ON FACEBOOK SEARCH FOR  
PEER SUPPORT GROUP**

**FASD Peer Support Group**  
Abe Miller Building  
4912 53 Street



**Contact us for Information and/or Support.**  
We are available Monday to Friday from  
8:30AM-4:30PM.

**Community Living Office**  
4905-48<sup>th</sup> Street, P.O. Box 981  
Yellowknife, NT X1A 2N7  
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